

CHINESE KNOT



Chinese knot, also called the Forbidden stitch and Peking knot is one of my favorite stitches.

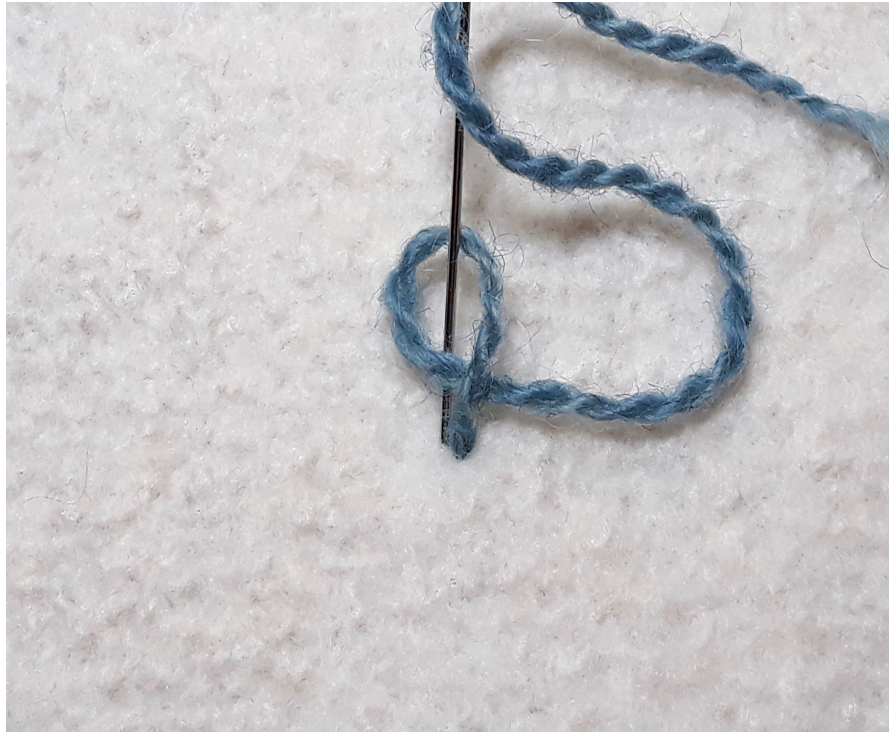
It has a nice texture and it's actually very easy to make.



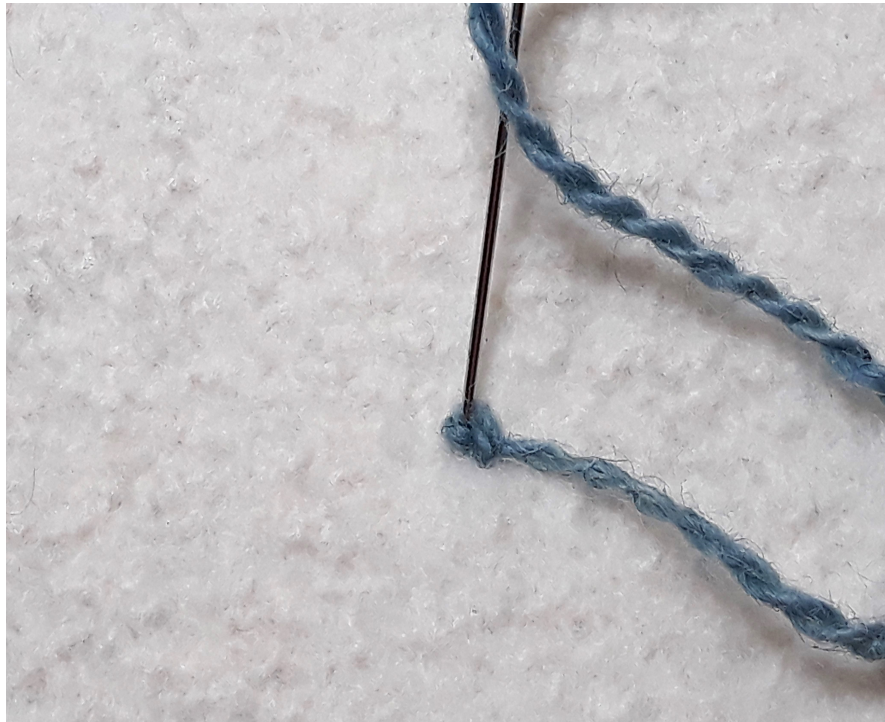
Bring your needle up on the top of the fabric, but leave a 3" long tail on the back for a special finishing (see Starting and Finishing Stitches).



Make a loop as shown on the photo.



Insert your needle next to the point where it first emerged from the backside. The needle is inside the loop now.



Tighten the loop by pulling the free tail of the thread and then pull the needle down through the fabric.



The finished knot is a compact tight knot. Very decorative and easy to make.

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